

ARTHRITIS CONSUMER EXPERTS' (ACE) RESEARCH-BASED EDUCATION WORKSHOPS

Arthritis Consumer Experts is pleased to share with you its Fall workshop schedule. All workshops are free to the public, and include a comprehensive handout for participants to take home. In keeping with ACE's policy, there is no branding or promotion of any products or companies during these workshops. The funding for the workshops comes from unrestricted educational grants received from non-profit and private sector organizations. ACE employees do not own shares or have any vested interest in the private sector organizations that provide grant funding. To review our organization's guiding principles and funding acknowledgement, please visit our web site at <http://www.arthritisconsumerexperts.org/principles.cfm>

You can register for ACE workshops on-line or by phone:

On-line, go to: <http://www.arthritisconsumerexperts.org/education-workshops.cfm>

By phone, call toll free: 1-866-974-1366

Plan to Win with Inflammatory Arthritis Workshops

This workshop provides you with the critical information you need to know about rheumatoid arthritis, ankylosing spondylitis and psoriatic arthritis, the most common forms of inflammatory arthritis. A leading rheumatologist and arthritis patient advocate will provide information and address your specific concerns and questions. Topics covered include: What inflammatory arthritis is, and its effects, latest information on the effectiveness and safety of medications, the "early and aggressive" treatment approach, the role of diet and exercise, latest arthritis research news, access to treatment and services, and patient-to-patient learning.

Halifax, NS

Tuesday, September 21

The Westin Nova Scotian
1181 Hollis Street

Winnipeg, MB

Tuesday, October 5

Radisson Suite Hotel
Winnipeg Airport
1800 Wellington Avenue

Calgary, AB

Thursday, October 7

Days Inn - Calgary South
3828 Macleod Trail S.E.

Québec, QC (French)

Wednesday, October 13

Centre communautaire Duberger,
2341, rue Duberger

JointHealth™ Workshops

JointHealth™ workshops take an integrated approach to help people manage four diseases that affect millions of Canadians: Osteoarthritis, osteoporosis, diabetes and cardiovascular disease.

Many Canadians who have been diagnosed with one of these conditions (as well as some forms of inflammatory arthritis) have, or are at higher risk for, one or more of the other diseases. Taking an integrated approach to preventing or managing these health challenges requires a whole-body perspective. More than ever, people need to develop a strong health care team to take advantage of all the opportunities to manage their health.

With information delivered by leading physicians, this workshop will help you focus on what you can do to maintain a healthy lifestyle and manage multiple diseases.

Ottawa, ON

Saturday, September 18

Travelodge Hotel & Conference Centre
1376 Carling Avenue

Montréal, QC (English)

Saturday, September 25

Hilton Montréal Aéroport
12505 Côte de Liesse
Dorval Québec

Calgary, AB

Saturday, November 6

Days Inn - Calgary South
3828 Macleod Trail S.E.